

# MISSOURI COLLEGE HEALTH BEHAVIOR SURVEY

## Reported Past-Year Substance Involvement among Missouri College Students

ALCOHOL AND DRUG USE (%)	2014	2013	2012	2011	2010	2009	2008
Alcohol Use in Past Year	76.3	77.0	79.3	77.8	79.9	79.5	81.3
Alcohol Use in Past 30 Days	70.9	63.5	62.6	66.2	67.2	66.7	68.1
Binge Alcohol Use in One Sitting in Past 2 Weeks	28.3	27.2	27.9	32.8	33.8	35.7	31.2
Binge Alcohol Use in 2-Hour Period in Past 2 Weeks	26.9	25.6	26.3	31.2	31.7	33.5	29.3
Tobacco Use in Past Year	37.6	38.2	48.5	43.6	43.4	30.3	—
Cigarette Use in Past Year	17.8	20.5	18.1	18.9	19.5	15.4	14.8
Marijuana Use in Past Year	11.7	12.6	21.0	23.4	21.6	23.1	21.8
Cocaine Use in Past Year	—	2.2	—	2.4	2.3	2.9	3.4
Amphetamine Use in Past Year	—	1.9	—	3.3	2.4	2.2	2.1
Methamphetamine Use in Past Year	—	1.0	—	0.8	0.5	0.7	0.8
Inhalant Use in Past Year	—	1.1	—	1.2	0.9	0.7	0.8
Club Drug Use in Past Year	—	2.9	—	2.8	2.5	2.6	2.4
K2 (Synthetic Marijuana) Use in Past Year	—	1.9	3.2	—	—	—	—
Bath Salts Use in Past Year	—	1.1	1.0	—	—	—	—
Prescription Stimulant Use without Rx in Past Year	7.5	6.6	5.4	5.5	4.6	5.3	4.6
Prescription Pain Medication Use without Rx in Past Year	7.4	7.6	4.5	6.6	6.5	8.4	8.2
Prescription Sedative Use without Rx in Past Year	3.1	2.7	2.1	2.8	2.6	3.8	3.4
Prescription Sleep Medication Use without Rx in Past Year	4.4	2.0	1.0	1.8	2.0	2.5	2.2

### AMONG ALL STUDENTS, DRINKING RELATED RISKS AND CONSEQUENCES EXPERIENCED (%)

Hangover	50.3	50.8	48.6	51.4	52.4	53.0	55.1
Rode with Someone who Drove After Drinking	28.5	30.6	29.8	33.6	36.3	36.9	38.7
Blackout or Memory Loss	27.0	35.6	26.2	26.1	25.1	25.7	27.7
Driven After Consumption	23.5	25.2	25.5	27.3	30.0	30.5	31.9
Missed Class	17.4	16.9	16.5	18.3	20.4	21.5	24.3
Engaged in Risky Sexual Behavior	15.8	16.2	16.5	16.9	17.2	18.3	19.5
Forced or Coerced to Drink More than Desired	16.2	17.3	16.1	13.5	12.6	13.9	—
Hurt or Injured	11.0	11.5	11.4	11.6	11.6	11.6	12.5
Performed Poorly on Test or Assignment	11.0	10.4	10.0	11.0	12.2	12.5	14.2
Taken Advantage of Sexually	5.9	7.1	6.3	6.3	5.7	6.3	6.2
Trouble with Campus Administration	3.3	3.7	3.0	3.5	2.0	2.9	3.1
Took Advantage of Someone Sexually	2.1	2.6	2.4	2.2	2.0	2.3	—
Received Medical Attention	2.9	2.6	2.2	2.1	2.2	2.5	2.3
Arrested by Campus Police or Other Law Enforcement	2.0	2.3	1.9	1.8	2.3	2.3	2.0
Arrested for DUI or DWI	1.1	1.6	0.8	1.1	1.4	1.2	1.0

### AMONG PAST-YEAR DRINKERS, THOSE RESPONDING "ALWAYS" OR "USUALLY" TO USE OF THESE PROTECTIVE FACTORS (%)

Know Where One's Drink Has Been At All Times	81.1	80.9	81.2	82.1	83.4	—	—
Eat Before and/or During Alcohol Consumption	77.1	76.6	77.5	75.5	76.4	77.2	76.6
Go Home with a Friend	66.1	65.3	65.0	65.1	65.5	---	---
Use a Designated Driver	65.2	64.3	64.8	66.3	69.9	70.7	70.7
Purposefully Limit the Amount of Money Spent on Alcohol	61.7	61.4	61.2	60.3	63.8	61.0	59.5
Avoid Trying to "Keep-up or "Out-drink" Others	60.4	60.1	58.4	59.7	59.1	—	—
Drink Slowly, Rather than Gulp or Chug	53.2	53.6	48.4	49.1	49.2	—	—
Determine Not to Exceed a Set Number of Drinks	41.8	40.6	40.9	43.0	45.0	44.4	43.7
Avoid Mixing Different Types of Alcohol	40.7	41.7	38.3	38.4	39.4	—	—
Drink Water While Drinking Alcohol	40.6	36.6	35.9	34.4	33.2	—	—
Avoid Drinking Games	28.8	31.5	33.5	32.5	37.2	34.8	36.4
Alternate Alcoholic and Non-alcoholic Drinks	33.4	31.4	30.4	30.4	30.1	29.2	28.0
Have a Friend Tell You When You Have Had Enough	29.5	28.3	29.1	29.0	32.6	34.8	36.4
Leave the Bar or Party at Predetermined Time	27.8	28.6	29.1	28.2	30.0	—	—
Stop Drinking at a Predetermined Time	26.6	27.7	26.4	26.1	26.1	—	—
Put Extra Ice in Drink	21.3	21.8	20.4	20.0	20.3	—	—

— Indicates question not included on survey or data not available for specified year.

Data Source: Partners in Prevention Statewide Coalition.

<http://pip.missouri.edu/>

Based on responses of 8994 students at 21 Missouri colleges in 2014, 9599 students at 21 colleges in 2013, 9151 students at 21 colleges in 2012, 8905 students at 20 colleges in 2011, 6543 students at 13 colleges in 2010, 6257 students at 13 colleges in 2009, and 5050 students at 12 colleges in 2008. Data are unweighted.